

Gazette

GUANTANAMO BAY

Vol. 59 No. 43

Friday, October 25, 2002

What's Inside:

Navy B'Day Bash



GTMO party-goers gathered at the Windjammer Ballroom for a formal get-together at the Navy Birthday Ball the 227th commemoration of the U.S. Navy. Dinner Dress uniforms and fancy dresses didn't keep the fun from dominating the evening. See page 3.

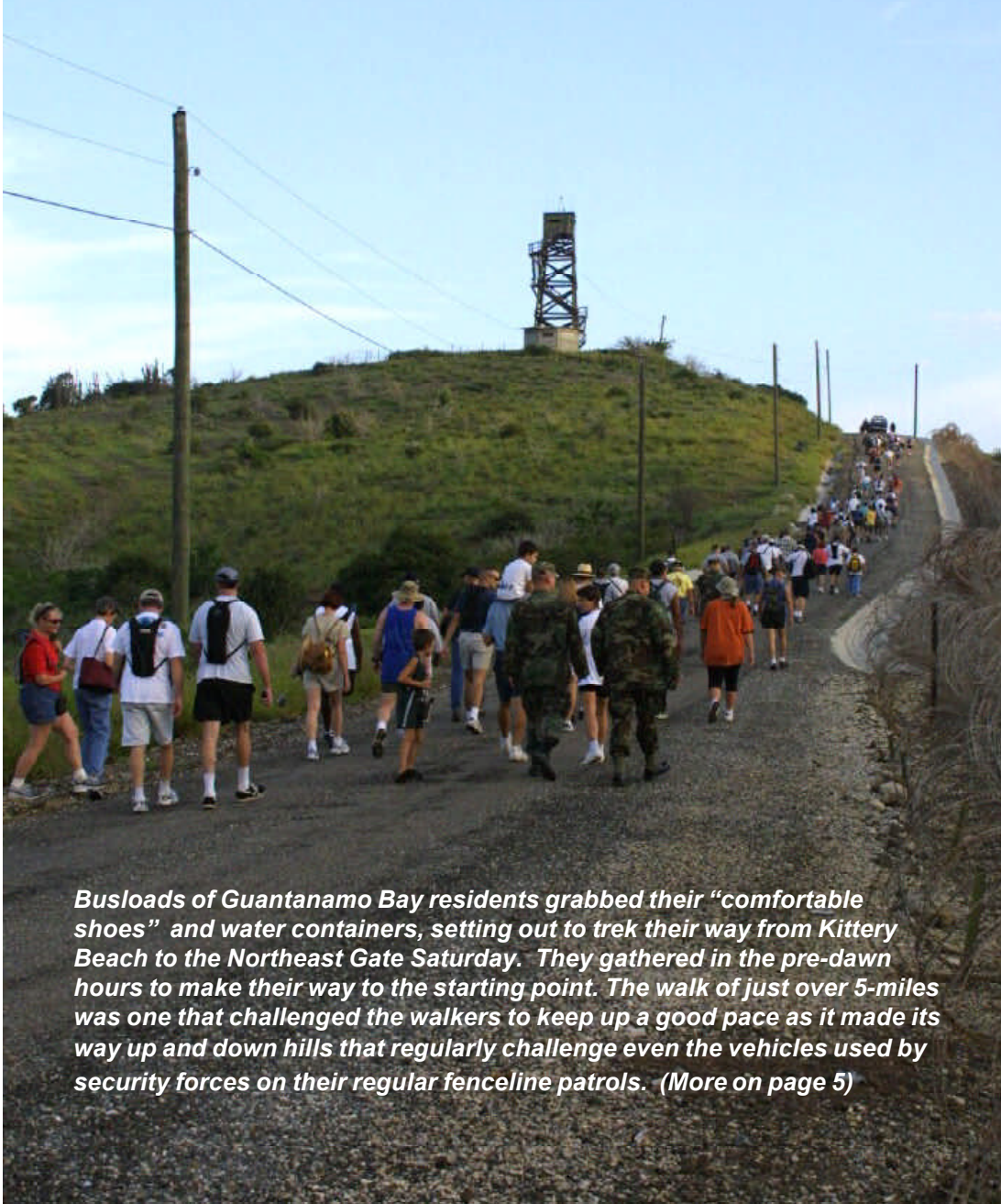
Don't Forget!



Daylight Savings Time ends Oct. 27th.

Remember to set your clock back one hour before going to bed on Saturday night.

Volksmarch Takes To "Least Worst" GTMO Road



Busloads of Guantanamo Bay residents grabbed their "comfortable shoes" and water containers, setting out to trek their way from Kittery Beach to the Northeast Gate Saturday. They gathered in the pre-dawn hours to make their way to the starting point. The walk of just over 5-miles was one that challenged the walkers to keep up a good pace as it made its way up and down hills that regularly challenge even the vehicles used by security forces on their regular fenceline patrols. (More on page 5)

Energy Conservation

Plant natural plants and shrubs that are native to your area and that do not require a lot of extra water.

Water Conservation

OCT. 14 - 20

Used 7,534,083.0
Daily avg. 1,076,297.6
Daily goal 1,000,000 gal

We spent **\$50,047.58** over our budget for the week.

U.S. Naval Base Guantanamo Bay

Gazette

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This newspaper is an authorized publication for members of the military service stationed at Naval Base Guantanamo Bay. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

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www.nsgtmo.navy.mil

Covey Course Reaches Milestone Here



NEX Manager Jack Crotty accepts his completion certificate from Capt. Robert Buehn. Crotty was the 100th Covey 7-Habits student in the local program that began here last Spring.

"A Taste of GTMO"

GTMO's First Multi-Cultural Day Celebration

**Sunday, October 27th
at Phillip's Park, 1 to 5pm**



*Singing, Dancing,
Music, Food Tasting,
Stepping, Poetry
Reading, and more!*

POC: Cathy at 7097 or
Andrea at 7-2003

2002 Holiday Mailing Dates

GTMO postal customers should ignore other mailing dates published through other means.

Inbound Mail: (From the states to GTMO)

First-Class Letters/Cards:	Dec 3
Priority Mail:	Nov 27
Standard Mail:	Nov 6

Outbound Mail: (From GTMO to the states)

First-Class Letters/Cards:	Dec 3
Priority Mail:	Nov 26
Standard Mail:	Nov 15

Postal Rule of thumb: You can never mail too early.
For GTMO Holiday Mail, the earlier, the better.

October Tides Chart

Day	Time	Height	Time	Height	Time	Height	Time	Height
26	0443	0.31	1221	1.84	1907	0.83	2321	1.05
27	0531	0.31	1315	1.82	2001	0.84		
28	0015	1.05	0625	0.33	1409	1.80	2055	0.81
29	0121	1.06	0731	0.36	1503	1.77	2149	0.75
30	0245	1.13	0843	0.40	1603	1.73	2231	0.65
31	0409	1.25	1001	0.43	1657	1.68	2319	0.52

Happy Birthday!



RADM Vinson E. Smith, guest speaker, talks about past visits to GTMO while an uninvited guest makes its way to the podium.

Naval Station's Navy Ball was the social highlight Saturday as the Windjammer Ballroom filled to capacity with local residents.

A high point of the ball season for many local residents, the annual event also introduced a new face in area navy leadership, RADM Vinson E. Smith, Commander Navy Forces South, the ceremony's guest speaker. RADM Smith recently arrived in the Caribbean from his last position as Commander Navy Region Northwest.

The event was another successful social gathering for the community, and the full ballroom was a flurry of activity.

One highlight came during the address by RADM Smith, when an uninvited guest, a land crab that slipped into the ballroom unnoticed, made its way through the feet of patrons and employees, and up to the dance-floor where the speaker's podium was located (see photos at left).

The evening's activities culminated with the cake cutting and dancing til midnight. This 227th celebration of history and tradition is now a part of history itself. Happy Birthday Navy.



Ceremonies complete, the guests waste no time making their way to the dance floor.

BRIEFS

Tuition Assistance Increases

Effective immediately, the Navy's Tuition Assistance Program will pay 100 percent of tuition costs and all required fees charged by educational institutions for course enrollments.

Read about the new policy change and specific requirements at www.navycollege.navy.mil - click on the Financial Aid button, then Tuition Assistance.

For further questions, contact Susan Wheless at the Navy College Office in Kings Bay, Ga., at (912) 672-2001, ext.4527 (for DNS use prefix 573 or email her at susan.wheless@cnet.navy.mil).

JPJ Hill Run Registration

The pre-registration for the JPJ Hill Run is Friday, Oct. 25 at the Hospital from 11am to 1pm and Oct. 26 and 27 at the NEX Atrium from noon to 2pm.

Registration is limited. If there are any questions, call the American Red Cross office at 5060.

Marital Workshop

The Fleet and Family Support Center is offering a Marital Enhancement Workshop Saturday, Nov. 2 from 7 to 9pm at the FFSC.

Childcare at the CDC and Youth Center is provided and paid for by the FFSC. Please call 4141 to sign up today. Unaccompanied married personnel are also welcome.

QOL Management Board Meeting

The next Quality of Life Management Board is 1pm Wednesday, November 6 at the Windjammer. The board and meeting are open to all interested parties - military and civilian.

Please forward all issues to AGC Valle by fax at 4683, or e-mail at weather@gtmo.net or weather1@usnbgtno.navy.mil. All items must be received by Monday, November 4. This will allow their inclusion in the meeting's agenda.

GTMO Tae Kwon Do Back In Kicking Action Since Summer Break!

On 26 August 2002, the TaeKwonDo program resumed with its vigorous physical and mental way of fitness workout along with the continued training for many students. All students stated they were very excited to get back into the Dajang (training facility) after taking a month off.

Students said they missed the awesome workout offered by TaeKwonDo Instructor Matt Brittle and his assistants. A normal TaeKwonDo workout combines a mixture of aerobics, strengthening, stretching, balancing and mental awareness in the one hour class session.

The TaeKwonDo classes that are sponsored by MWR and offered free to students continue to grow. Since starting back up August 26th, the TKD class has signed up 30 new students, bringing the total enrollment of participants to over 250 students since the program began on 15 October 2001, one year ago.

Even though many students have transferred and moved on, the students still in training, along with the new students enrolled made great progress over the past 6 weeks preparing for their promotion testing that was scheduled for 28 September. The students took advantage of the many classes offered throughout the week along with the help of other assistant instructors to prepare themselves for the testing day.

Due to weather, belt promotion testing was postponed until the weekend of 5/6 October. Instructor Matt Brittle says of all students enrolled, we had 30 students ready for this testing cycle. With the limited space at the Dajang, the adults tested separately from the kids, plus, testing adults and kids is a very different way of testing between the two groups.

All the students, adults and kids alike, trained very hard and demonstrated great physical endurance, superb kicking, blocking techniques, along with poomse's, breaking of boards and the art of indomitable spirit throughout their entire testing. CONGRADULATIONS TO EACH AND EVERY STUDENT!

Head Instructor, Matt Brittle Sr. would also like to thank the assistant instructor, Matthew Brittle Jr, along with the assistance of Robert Manning and Heather Brittle, for all their dedication, hard work and devotion to teaching the Martial Art of Taekwondo to all students.

If you or anyone you know is interested in taking Tae Kwon Do, please feel free to drop by the Dajang, located at the Marine Hill Aerobics room. If you have any questions, please contact Matt Brittle at 7981.

The students who have recently tested and the belts in which they tested for are listed below:

Yellow Belt: Ted Bartimus, Sean Crudo, Samantha Davis, Mark Elliott, Lance Forstie, Jonathan Miller, Jimmy Prince and Joe Wiltz.

Purple Belt: Joel Andrews, Billy Braaton, Lance Forstie, Heather Gariepy, John James, Victoria Miller and Joel O'Bradovic.

Purple Stripe Belt: Billy Braaton, Rachael Fernald, Roan Smith and Jermaine Williams.

Green Belt: Ashley Raymer.

Green Stripe Belt: Kelly Baggett, Kimberly Baggett, Marie Brewer, Aaron Gariey, Alice Helms, April Helms and Cia Mowery.

Blue Striped Belt: Neal Babb, Julie Dillard and Michael Johnson.



Tae Kwan Do can teach even the very young the skills of strength and discipline and inspire a commitment to excellence that will see them through life. Here, the children of the TKD class show off their moves while testing.



Testing for his Purple Belt, Joel O'Bradovic demonstrates the high block technique.

MCSFCo./MWR Host Inaugural Volksmarch

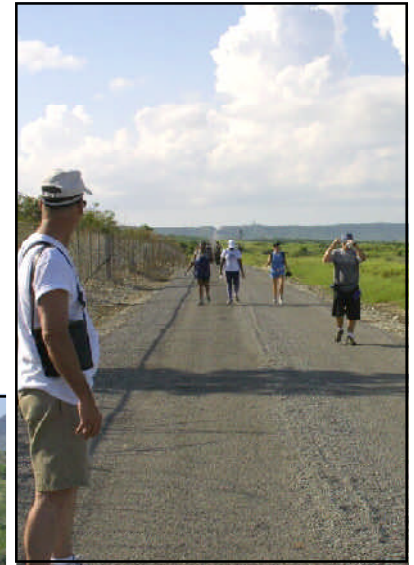


Above: Walkers make their way along the road that marks the east boundary of the base with the beach and the Caribbean in the background. Below: Cresting the last of series of steep hills, the walkers can finally see the finish line about a mile down the road as they approach the Northeast Gate (right).

GTMO residents gathered at Marine Site Saturday morning to make their way to Kittery Beach, the starting point for the Inaugural Guantanamo Bay Volksmarch. The group was bused to the beach starting point where they began their walk to the Northeast Gate along the East perimeter road. Arriving at the Northeast Gate, the participants enjoyed refreshments supplied by MWR before receiving medals commemorating their participation in the march. Plans are to make the trek an annual community event that exposes participants to a part of GTMO history that they normally do not see.



While participants (above) brought with them the usual water supplies and energy snacks, they also brought cameras for those rare photo ops on the road and at the Northeast Gate (below).



American Red Cross Babysitting Class

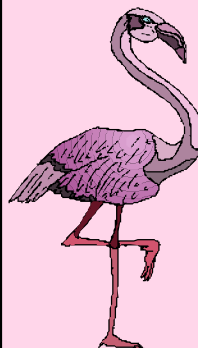
**When: Monday, November 11th
9am to 5pm**

**Where: Fleet & Family Support
Center's Training Room**

**This class is for those 11
years of age and up. A \$30
fee is required in advance. To
register or additional info,
call 5060.**



Flock A Friend



With a \$20 donation to the 2003 Seabee Ball Committee, you can send a flock of 6 Pink Flamingoes to someone you know.

The recipient can easily be "un-flocked" by making a donation. If your friends do not wish to be un-flocked immediately, the flock will be removed in one week. Help support the 2003 Seabee Birthday Ball. To have someone flocked or to be un-flocked please call JoAnn King at 4162 ext 210.

GTMO's Mammography Dilemma

By CDR C. K. Gallagher
Naval Hospital

October is National Breast Cancer Awareness Month. Although breast cancer can not be prevented, it can be detected early. Early detection is the key to the cure. The three components of early detection are a monthly breast self-examination, a clinical breast exam by a medical provider and a mammogram.

Women between 40 and 49 are recommended to have a mammogram every one to two years. For women 50 and older an annual mammogram is recommended. In Guantanamo Bay this is easier said than done. In August 2001, mammography was removed from Naval Hospital Guantanamo Bay. As in many small duty stations, not all tests and specialists are available.

Navy Medicine is committed to maintaining accredited medical facilities and programs. The American College of Radiology has strict criteria for FDA accreditation of mammography programs. One requirement for accreditation is that the program have an on site radiologist. In addition, the radiologist must read at least 500 mammograms a year. The mammography tech has significant certification requirements. The numbers for mammography here do not support accreditation. So, what are the options

for a woman living on Naval Base Guantanamo Bay?

Although mammography is not available here, the Naval Hospital is committed to assisting all base residents in their mammogram screening options. TRICARE beneficiaries can be MEDEVACed to NH JAX, USNH Portsmouth or National Naval Medical Center Bethesda. The beneficiary has a clinical breast exam from their medical provider in the Primary Care Clinic and receives a written consult for a mammogram. The Patient Administration department coordinates the appointment and the travel for the beneficiary. Non-TRICARE base residents can have a clinical breast exam at a routine or well exam appointment at the Primary Care Clinic at the hospital, but are not eligible for MEDEVAC program. The non-TRICARE base residents must schedule a mammography appointment at a civilian facility at a location of their convenience. Most civilian mammography facilities, though not all, accept consults from only their local physicians. To avoid difficulties in making an appointment at a civilian facility, it is important to first select a location for choosing a mammography facility. With the wonder of the Internet this can be done quite easily. A specific website, www.nbcam.org is a search engine for finding FDA approved mammography facilities. It sorts by zip code,

state and or city. With a site identified, you can call or possibly email the mammography center for information on how to make an appointment. It is best to pick a location that you will most likely return to for another visit. It is helpful for the radiologist to have previous films available for comparison.

Prevention is the key to living a long and healthy life. Preventive screening tests, such as a mammogram, is just one of the important things a woman can do for her health. For questions about health or screening tests schedule an appointment with one of the primary care providers of Naval Hospital Guantanamo Bay. For further online information on Women's health go to www.4woman.gov. Put prevention in to practice in your life!

5K Walk to Fight Breast Cancer



Saturday, Oct. 26
Start time is 6:30am
at the hospital.
Donations accepted.
Proceeds go to the
Susan G. Koman
Foundation.



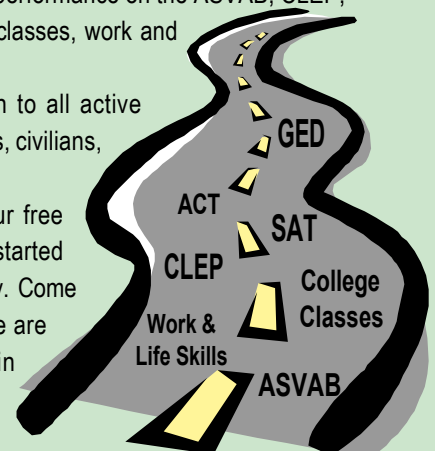
The "Flea Market at the Community Center is Monday, November 11th - Veteran's Day - from 7 to 10am. To reserve a table for selling and displaying your own treasures, call JoAnn (2774) or Cel (7597). There is no cost to reserve a table and all proceeds go into your own pocket. Great way to make Christmas money or to come shop & find that Christmas or household treasure you didn't know you needed. See you all at the Great GTMO Indoor Flea Market and Garage Sale!"

Navy College Learning Center: Here to Serve You

Let the Navy College Learning Center help you start on the Road to Success. We offer FREE, self-paced, computer-based tutorials designed to improve your performance on the ASVAB, CLEP, GED, SAT, ACT, college classes, work and life skills.

Our services are open to all active duty, adult family members, civilians, retirees and reservists.

Make good use of your free time here in GTMO! Get started on your success path, today. Come see how we can help. We are located on Chapel Hill in Room 11. Call 3997 for more details.



Shipping a Second Car To and From GTMO

TransAtlantic Lines operates the barge service to and from GTMO. Chances are, whatever you're eating, wearing or drinking arrived in GTMO on the barge! As a public service, TransAtlantic Lines would like to provide some helpful information on how to arrange shipment of a second personal vehicle or boat to and from the base, or a vehicle not authorized to be shipped at government expense.

Commercial/contractor rate: The rate is \$5.00 per cubic foot. There is also a Port of Jacksonville wharfage charge of \$3.11 per each 2000 lbs.

Military & DOD Employee 2nd vehicle rate (this applies to personnel on orders or with an orders modification within one year of a PCS move to GTMO): \$500 freight per vehicle plus \$100 per vehicle charge for container stuffing.

There is also a Port of Jacksonville wharfage charge of \$3.11 per each 2000 lbs.

When the warehouse measures your vehicle, if it exceeds 600 cubic feet, an additional charge of \$1.35 per cubic foot is applied to the cost for the amount in excess 600 cubic feet. Most vehicles are under 600 cubic feet.

Remember, with PCS orders the government ships your first vehicle for you and Personal Property at x4206 can help you with those arrangements.

Boats: The same rate applies to boats, which have a size allowance of up to 1000 cubic feet. If it exceeds 1000 cubic feet, the additional charge of \$1.35 per cubic foot applies to measurements in excess of 1000 cubic feet.

If your boat has a canopy, make sure it is removed for safe ocean transit. This will also reduce its cubic dimensions. Include trailer dimensions with the boat dimensions if your boat is shipping on a trailer.

Sailing schedule: The vessel sails every other Wednesday from GTMO. Cargo can be picked up in Jacksonville approximately one week following the sail date, after it has cleared U. S. Customs. The barge sails the opposite Wednesday from Jacksonville with cargo also available after one week. Be aware that 2nd Personal Owned Vehicle's sail on a space-available basis.

To book shipment: In order to ship your car or boat, please contact Kim Dailey at TransAtlantic Lines. She can be reached

by telephone at 203-625-5514 or e-mail kim@transatlanticlines.com and issues your shipment a booking number.

The drop-off of your POV or boat in the Blount Island Terminal at Jacksonville needs to be not later than the Friday before the vessel sails, and in GTMO one week prior to vessel sailing.

You will need to know the year, make and model of your car as well as your billing address, telephone and email address when you call or email to make a booking.

Also have the following documents prior to shipping:

- The car's original title (or certified copy of the original)

- If vehicle is mortgaged, a release letter from the lien-holder permitting the vehicle to be shipped overseas. (These documents need to be in the car itself or shipped via courier to the attention of Julian Sierra at the TransAtlantic Lines warehouse no later than the Friday before sailing.)

- You need a freight forwarder to do the Bill of Lading. We can suggest Morningstar Freight Forwarders at 904-771-7988 or Stratford Marine at 904-355-4400. Both companies work regularly with shipments to and from GTMO. This charge is usually \$125 for the Bill of Lading.

- If the vehicle is shipping out of Jacksonville, U.S. Customs clearance is required.

You can do this yourself by walking the short distance from our warehouse over to the Customs office, or the freight forwarders charge another \$50 if they do it. Make sure you have the dock receipt for your vehicle that you receive from our warehouse manager.

Payment: You will need to remit payment to TransAtlantic Lines' main office, to arrive by the day of the barge's arrival in port. The remittance address is 120 Greenwich Ave, Greenwich CT 06830. The main office number is 203-625-5514.

TransAtlantic's Jacksonville warehouse address for POV deliveries: 8998 Blount Island Blvd.; Jacksonville, Fla. 32226

Warehouse Manager: Julian Sierra, Tel: 904-751-1845; Fax : 904-751-1828.

To pick up vehicles at the warehouse, be



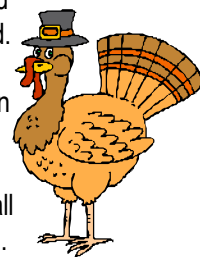
sure to call prior to coming in, to ensure that your car has cleared Customs and is ready for pickup.

Food Donations Needed

Support the Community Thanksgiving Day Dinner at the Base Chapel.

Non-perishable food donations are needed.

Starting Saturday, November 2 items can be placed in a drop box at the NEX. Any questions, please call RP3 Johnson, 2323.



Support Your Local GTMO Girl Scouts

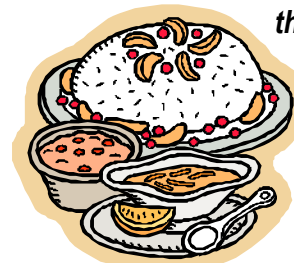


Come out to the Girl Scout Car Wash and Bake Sale at the NEX 9am to 2pm, October 26th.

AACO Dessert Auction

The African American Cultural Organization is sponsoring a Silent Dessert Auction on November 23 at the NEX Atrium

from 10 am to 2pm. Come bid on your favorite dessert!



Come Find Your “Great Pumpkin” at GTMO’s Pumpkin Patch

If you’re looking for a great pumpkin to carve this Halloween season, take a cue from Linus and head directly to the GTMO Pumpkin Patch on October 26th. The Senior Petty Officer Association has joined forces with MWR to bring you the best ever Pumpkin Patch and Halloween festival.

This year’s event takes place at the Paintball Range and begins at 4pm for GTMO families with children and 6pm for all other GTMO residents. Hayrides will start at 4:30pm, and a Halloween costume contest for children ages 0 to 12 takes place at 5:30pm. Make sure to stick around until 6pm, when the Great Pumpkin winner will be chosen. MWR will also be featuring the climbing wall, bouncer and a haunted hunt obstacle course. It is sure to be the highlight of your Halloween season!

Choose the Perfect Pumpkin

Once at the Patch, you and your family can survey the lot for the perfect pumpkin specimen. Whether you plan to decorate with a row of small and medium-size globes or a single huge one be sure to try to choose a pumpkin that is symmetrical enough to rest squarely on a flat surface. If you can, pass over any with severe bruises, cracks or broken stems, because they tend to deteriorate quickly.

Plan on carving no earlier than a day or two before Halloween—jack-o’-lanterns have short “step” lives.

Carving Tips

- Draw your design on the pumpkin with a water-based marker beforehand. Mistakes are erased easily with a damp sponge.
- Cut the top and any large areas with a sharp, straight-edged knife. A dull blade is not a safer alternative. If your pumpkin is missing its stem, it is just as easy to cut an opening on the bottom. Once finished, you can place the candle on the bottom and then put the pumpkin on top of it.
- Serrated metal saws, now widely available in carving kits, are a safer alternative to knives and allow younger children to get in on the action.
- Carve away from yourself; kids should carve only under adult supervision.

- Never hold the knife in a stabbing position.
- When carving, keep only a portion of the knife blade in the pumpkin and use slow, steady saw strokes.
- If cutting from the top, cut the lid at an angle so the outside diameter is larger than the inside. This prevents the top from falling into the pumpkin when it shrinks.
- Scoop out seeds and stringy flesh with a large spoon or ice cream scooper.
- Carve the facial features closest to the center first and work outward.



Halloween Safety Tips for Kids and Adults

from the Safety Office

With witches, goblins, and super-heroes descending on neighborhoods across the greater Guantanamo Bay community, the Safety Office offers parents some safety tips to help prepare their children for a safe and enjoyable trick-or-treat holiday. Halloween should be filled with surprise and enjoyment, and following some common sense practices can keep events safer and more fun.

- ♦ Walk, slither, and sneak on sidewalks, not in the street.
- ♦ Look both ways before crossing the street to check for cars, trucks, and low-flying brooms.
- ♦ Cross the street only at corners.
- ♦ Don’t hide or cross the street between parked cars.
- ♦ Wear light-colored or reflective-type clothing so you are more visible. (And remember to put reflective tape on bikes, skateboards, and brooms, too!)
- ♦ Plan your route and share it with your family. If possible, have an adult go with you.
- ♦ Carry a flashlight to light your way.
- ♦ Keep away from open fires and candles. (Costumes can be extremely flammable.)
- ♦ Visit homes that have the porch light on.
- ♦ Accept your treats at the door and never go into a stranger’s house.
- ♦ Use face paint rather than masks or things that will cover your eyes.
- ♦ Be cautious of animals and strangers.
- ♦ Have a grown-up inspect your treats before eating. And don’t eat candy if the package is already opened. Small, hard pieces of candy are a choking hazard for young children.

Cut out the larger features in sections.

- Use an X-Acto knife for details. The tip of a potato peeler is good for making small circles and curves.
- Remove carved portions by gently pushing them into or out of the pumpkin. You can also use toothpicks to pull out pieces.
- Reattach a section that is accidentally removed by using a toothpick to pin it back in place.
- Make design holes large enough to provide adequate ventilation for the candle.
- Flatten a spot in the base of the pumpkin for the candle but avoid digging too deep because the pumpkin becomes prone to rot.
- Make sure the flame is not too close to the top of the pumpkin.
- To prolong the life of the jack-o’-lantern, seal in moisture by coating all cut surfaces with petroleum jelly or vegetable oil, or cover it with a damp towel when not on display.

Paint Your Pumpkin

Some younger kids may not be ready for carving jack-o’-lanterns, so why not paint their pumpkins instead.

Working outside, cover a area with newspaper or old sheet (tape it down with masking tape, or use rocks at the corners, so it doesn’t blow away). Set out paints, paintbrushes and containers filled with water for rinsing the brushes. Then let the kids paint goofy or creepy faces on the pumpkins.

Worship Services

Catholic Mass

(Main Chapel)

Monday - Friday

Daily Mass (Cobre Chapel) 0630

Friday

Holy Hour/Rosary 1700

(Cobre Chapel)

Saturday

Reconciliation 1630

Eucharist/Mass 1730

Sunday

Eucharist/Mass 0900

Eucharistic Adoration/Reflective Prayer (Cobre Chapel)

Daily 24hrs

Protestant Services

Sunday

Services - Main Chapel 1100 & 1930

Camp America 0800

Leeward-Marine Barracks 1430

New Life

(Main Chapel)

Sunday

Worship Service 1245

Sunday School (Sanctuary B) 1130

Church of Jesus Christ of

Latter Day Saints

(Sanctuary A)

Sunday Sacrament 0900

Jewish

(Fellowship Hall)

Every Friday 2000

Filipino Bible Fellowship

(Sanctuary A)

Sunday

Worship 1800

Iglesia Ni Cristo

(Sanctuary B)

Sunday

Worship 2000

Pentecostal Gospel

Temple

(Sanctuary C)

Sunday

Worship 0800 & 1700

Seventh Day Adventist

(Sanctuary B)

Saturday

Divine Service 1100

Islamic Service

(Classroom 18)

Friday

Worship 1300

United Jamacian Fellowship

(BLDG. 1036 - Next to Phoenix Cable)

Sunday Service 1100 & 1830

Please ask the Faith Group Representative about Sunday School Times, Education Programs, Bible Study, Prayer Groups, etc. For more, call the Chaplain's Office at 2323.

2002 Pumpkin Patch and Halloween Scavenger Hunt

Saturday, Oct. 26th at the Paintball Range

GTMO Families with children - 4 to 6pm

All GTMO Residents - 6 to 8pm

Hayrides begin at 4:30pm

Halloween Costume Contest - 5:30pm

(open to infants to age 12)

Great Pumpkin Giveaway - 6pm

Also featured: Climbing Wall, Bouncer, Haunted Hunt Obstacle Course and Challenge Course



School Dates to Remember

Mark your calendar for the following early school release and no school days.

October 31 - Early release for teacher training. The elementary school will dismiss at 11:15am. No lunch will be served this day.

November 1 - Teacher Record Keeping - No School

November 7-8 - Parent Teacher Conferences at the elementary school.

November 8 - Parent Teacher Conferences at the high school.

Parents: Remind your children not to play at the bus stops - wait patiently.

GTMO Drivers: Remember to drive slowly through housing areas.



JEA 3-on-3 Tournament

The Junior Enlisted Association is sponsoring a 3-on-3 Double Elimination Basketball Tournament.

When: Nov. 9 at 11am Where: G. J. Denich Gym

Entry Fee: \$12 per team (due day of event)

Team rosters due NLT 10am the day of tournament. Submit roster to the gym or fax to YN3 Garrison, 2007, or IS3 Chatfield, 5238. Any questions, contact IS3 Chatfield at 4230.

School Lunch Menu

Oct. 28 - Nov 1

- MONDAY -

Hot Dogs w/Cheese,
Early Peas,
French Fries,
Fresh Fruit,
Milk

- TUESDAY -

Chicken Pattie,
Lettuce & Tomato,
Baked Beans,
Fresh Fruit,
Milk

- WEDNESDAY -

Combination Pizza,
Buttered Corn,
Sugar Cookies,
Fruit Cocktail,
Milk

- THURSDAY -

Oven Fried Chicken,
Mashed Potatoes,
Early Peas,
Fresh Fruit,
Milk

- FRIDAY -

**TEACHER'S
WORK DAY
NO SCHOOL
FOR STUDENTS**



Customer Appreciation Day November 2

Since the first Navy Exchange opened in 1946, officials and employees have been committed to providing Navy families quality products and services at great savings. Today, Navy Exchanges offer the widest selection possible to provide you convenience, savings and satisfaction. We also strive to contribute to a better quality of life. Profits from NEX sales support many of the Navy's MWR quality-of-life programs.

As a show of appreciation to its customers, the Guantanamo Bay NEX, in conjunction with MWR, New Balance, Easy Spirit, Coca Cola, S&K Sales and Miami Air, is proud to sponsor a Customer Appreciation Day on Saturday, November 2 from 9am to 6pm.

The following is some of the highlights that will occur throughout the day.

Throughout the day

In Store Sales all day

Giveaways drawings begin at 11am and every half hour until 5pm

Children's games and activities

Free food and drinks - hamburgers, hot dogs, ribs, chicken and side dishes

Fire Department Truck for the kids to view

Music – Jim Veazey will be playing music from 9am until noon and again from 2 to 4pm. A live radio broadcast from the Blitz 103 crew begins at noon, and the Lest Worst Band lends its musical talents from 4 to 6pm

Special Events

6:30am at the base gym - New Balance & MWR 10K

Prizes awarded in 7 different age categories

1st Place - New Balance Shoes

2nd Place - Sports Bag

3rd Place - Socks

One overall winner (1Male and 1 Female) will receive shoes, bag, and socks

1pm – the NEX/Fire Department Chili Cook-Off Competition

Grand Prize- Trip for 2 from Guantanamo Bay to Orlando, Florida on December 11 - 16th

5:30pm – a Grand Prize Drawing by Capt. Buehn

Organizations Represented:

The following GTMO organizations will have information tables set up: HSO (Hospital Spouses' Organization), DEFY (Drug Education for Youth), Boy Scouts, Cub Scouts, African American Cultural Organization, Crimebusters, Enlisted/Civilian Spouses Organization, OCSC (Officers/Civilian Spouses Club), Hispanic Heritage Association and the Home Education Network.

We would like to thank the following for donating giveaway items: Maurice Fishing, JVC, Sony, Panasonic, Wright & Lato INC., BH Multi.com Corp., West Point Stevens, Hershey/NASCAR, PMG International, USAOPOLY, Good Year Tires and Adidas



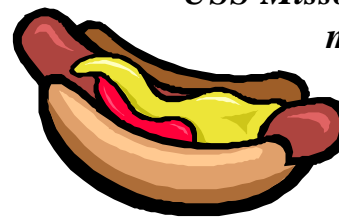
MWR/ NEX

Customer Appreciation Day 10K

*6:30am Start Time
at the Base Gym.
FMI, 2193.*

CPOA Hot Dog Sale

*Saturday, Oct. 26, 10am to 2pm
This is an event to raise funds to
support the reconstruction of the
USS Missouri as a
museum.*



*Donations
will be
accepted.*

GTMO

Hash House Harriers

the least worst hash

All levels of runners/walkers welcome!

Runs held weekly!

*Follow the trail to a great time!
for run dates and start times or for more info:*

Call 5734

GTMO SHOPPER

FOR SALE

(1) Moving Sale - All items must go. Beds (King, and Twin); Computer Desk; Bookcase; grill; Rug; Entertainment Center; Couch; TV/VCR Combo; Microwave; Children's Hockey Table. Many other items. Please call Tammy at 4162 x224 (daytime) or 7185 (evening) for an appt.

(1) Complete household for sale. Includes Living Room, Bedroom, and Dinette Furniture. Washer & dryer, televisions, Computer, entertainment centers, curios, dishes, microwave, linens and bed spreads. Too much to list here. All items available for sale now. Can pick up October 29th and 30th. FMI, call 4961 DWH and 5714 AWH.

(1) If you or your child like skating I have a good pair of roller blades - never used with carrying case for only \$35. FMI, call Tim O. at 5444 after school hours.

(1) Bowlers: bowling ball and bag for sale - \$12. FMI, call Tim O. at 5444 after school hours.

(2) Items for sale; Cal-King bed, bunk bed w/full-size bottom bunk, dresser, kitchen table, computer desk, trampoline. Moving and need to sell. All reasonable offers considered. Call 7606.

(3) Items for sale: Whirlpool washing machine, good condition - \$50. Two 96 Sea Doo Jet Ski XP GTX and one double trailer in excellent condition - a steal for \$6,000. Great fun for the family or for a couple. FMI, call 7821 after 5pm.

(3) 24" Kent bike, practically brand new. Bike, helmet, and bike lock, all for \$75. Call Valerie at 8-1115.

VEHICLES/BOATS

(1) GTMO special! 1985 Ford Crown Victoria. Clean, new brakes, recently tuned up. Easily seats seven and runs great. No wait involved, you can own this hootie today for \$1,600. Call 3356.

(1) 1984, Oldsmobile Cutlass Calais - blue, 4dr, \$1,200. Days - 5057/5061. Eves - 81013.

(1) GTMO Special, '83 Cutlass, runs good, available mid November. \$1,200. Call 5084, 5399, or 5091.

(1) 1986 Chevy Blazer CUCV M-1009. 6.2l Diesel V8 4X4. Sweet Green - she's a gem. New brakes and battery. Comes with some spare parts, repair and parts manuals. \$3,000. Call Jim (DWH) 3533 or (AWH) 81088.

(2) 1985 Plymouth Grand Fury. Color grey. 4-door. Asking \$1,500 OBO.

POC is 1SG Hebert, 5025/5161.

(3) Mitsubishi 3000GT SL low miles, well taken care of miles. Yellow with new tires and a lot of extras. Call 7745.

(3) 1986 Dodge. Not a GTMO Special! Asking \$1,500. Call 2550 and leave a message.

(3) 1999 Harley Electra Glide Classic, stereo, air suspension, fuel injection, etc. Showroom condition. Please contact Dave at AWH 7123, DWH 4526.

WANTED

Looking for an English tutor. Need help with conversational English. I am willing to pay a reasonable rate. Give me a call if interested. Gaby Brogan 5353.

Do you work for a publishing company and you're temporarily stationed in GTMO? The Home Education Network is looking for you! For more info call 4620 or 5520.

Shopping for another motorcycle, if you are considering selling yours please contact Dave at AWH 7123, DWH 4526.

Individuals who have a talent or love of music and would like to share their time with elementary students. Please note, this includes, but is not limited to, individuals who play specific instruments, who have can choreograph dances, who have vocal experience, and anyone who would just like to assist as needed. If you would be interested in teaching a specific skill, I would like to establish a resource file for parents seeking these opportunities for their children. I am also looking for any one in the community who drums and/or build drum. If this announcement strikes a chord, call Shirley Baggett at 2207 (W.T. Sampson EC) or 7755 (Home).

Wanted: Green thumb, plant loving individuals. W.T. Sampson Elementary School is transforming an open courtyard area into an environmental sanctuary and the students need your help. There are many plants to be planted, benches to be built, and the list goes on. If interested, call Shirley Baggett at 2207 (W.T. Sampson EC) or 7755 (Home).

EMPLOYMENT

The Guantanamo Bay American Red Cross Office is looking for compassionate, caring people to perform casework after hours. These are paid positions. For more information, please call Dusty at 5060.

LCN is accepting applications for a full-time Customer Service

Welcome Aboard!

Baylee Meredith Harris
Born: Oct. 15, 2002
7lbs 14oz ; 20.5"
to Janelle and David Harris

Joshua Ryan Boothe
Born: Oct. 17, 2002
8lbs 8oz ; 20.75"
to Laura and James Boothe

Cali Danyale Ledesma
Born: Oct. 19, 2002
8lbs 6oz ; 22"
to Brandy and Danny Ledesma

representative, also a full-time Cash Window position is open. For More information Call 3744.

The following are positions available through the Human Resources Office.

Open Continuous Vacancies:
Supply Technician, 1st cutoff 12/21/01, closes 12/06/02

For more information contact the Human Resources Division at ext. 4822 or 4430.

ANNOUNCEMENTS

Pampered Chef orders due by Nov. 20. This will be my last order for 2002. Jan 2003 will be the next one! For catalogs and order forms, please call Michelle at 7511.

The Yatera Seca Golf Club is looking for new members. Meetings are the first Tuesday of the month at the Community Center from 7 to 8pm. For more information, call Nicole at 7448 or Mike Weathers at 4526 or 7683.

SERVICES

Interested in TUPPERWARE?? If so, please call Suzette at 7864.

Need a night to yourself, or just want to go out. Certified and experienced baby-sitter. Call Amanda at 7892.

Need help at home? Call Chaz at 7466 (does mowing, weed eating, and gardening). Prices negotiable.

Red Cross certified baby sitter. Experienced, responsible, and ready for anything. Call 7976, ask for Jessica.

Like to get away and have nights to yourselves? Experienced baby-sitter of 5 years! Call Mariah at 7466.

Experienced, Red Cross Certified baby-sitter available. Call Melissa at 5418.

Red Cross certified and experienced. Need a baby-sitter call CJ at 5418.

Baby-sitter - American Red Cross certified. Call Rhett at 7864 for your child care.

YARD SALE

Saturday, Oct. 26 - Villamar 2208B starting at 8am. NO EARLY BIRDS! Clothing, Kids and Household items.

Multi-Family Garage Sale 7:30am Sat. Oct. 26 at Marine Site 102.

LOST & FOUND

Lost: Men's decorative gold wedding ring lost in the area around the soccer field last week. Please call 8-3537/3540 if found.

PERSONALS

LM: Candle light-11. Moonlight over the Bay-12. Autumn Blossom-6. What is this meaning? Skippy

HAPPY BIRTHDAY, MOO! Love, Amy, Tyler and Emily

Skippy: ESPN or my translation: how much your dinner cost me last night, the hour you fell asleep on the couch, and the number of roses you forgot to bring me. Am I close-where are you? LM

THE RING

Horror
1 hr. 55 min.

Starring:
Naomi Watts,
Martin Henderson,
Brian Cox,
Shannon Cochran,
Lindsay Frost



It sounded like just another urban legend videotape filled with nightmarish images, leading to a phone call foretelling the viewer's death in exactly seven days. As a newspaper reporter, is skeptical of the story, until four teenagers all met with mysterious deaths exactly one week after watching just such a tape. Allowing her investigative curiosity to get the better of her, Rachel tracks down the video... and watches it. Now she has just seven days to unravel the mystery of the ring.

BLUE CRUSH

Adventure Romance
1 hr. 43 min.

Starring:
Kate Bosworth,
Michelle Rodriguez,
Matthew Davis,
Mika Boorem,
Sance Lake



Nothing gets between Anne Marie and her board. Living in a beach shack on Oahu with three roommates including her rebellious younger sister. Working as a hotel maid to pay the bills, Anne Marie finds everything else she needs in the adrenaline-charged surf scene ... until pro quarterback Matt Tollman comes along.

THE MASTER OF DISGUISE

Comedy
1 hr. 20 min.

Starring:
Dana Carvey,
Jennifer Esposito,
Harold Gould,
James Brolin,
Brent Spiner



Pistachio Disguisey, a sweet-natured Italian waiter at his father Fabrizio's restaurant, can't figure out why he compulsively mimics his customers and desires to change his appearance. What he doesn't know yet is that these traits are part of the Disguisey family secret legacy.

Movies

FRIDAY, OCT 25

8pm Master of Disguise
PG - 80min

10pm Serving Sara
PG13- 100min

SATURDAY, OCT 26

8pm Spy Kids 2
PG - 99min

10pm Blue Crush
PG13 - 104min

SUNDAY, OCT 27

8pm The Ring
PG13 - 115 min

MONDAY, OCT 28

8pm Spy Kids 2
PG - 99 min

TUESDAY, OCT 29

8pm Blue Crush
PG13 - 104 min

WEDNESDAY, OCT 30

8pm The Ring
PG13 - 115 min

THURSDAY, OCT 31

8pm Master of Disguise
PG - 80 min

What's Happening...

Liberty Center

October 26 -Bowling Party
6 to 8:30pm at the Bowling Center

Youth Center

October 26 - Halloween Party
Wear a Costume & Get a \$1.00 Off

Teen Center

October 26 - Halloween Party

Bayview Patio

October 26 - Halloween Party

Fun Begins at 7pm

Performing Live

The Least Worst Band

Football Sunday's at the Goatlocker

Kickoff 1pm

Doors open at 12:30pm

E7, E8, E9 or Civilian Equivalents

Water Aerobics

New Hours - 11:45 - 12:30

Mon, Wed, & Fri

New location - Marine Pool

Beginning November 6th

Youth Swim Team

Registration - Oct 15 - Nov 15
at the Base Gym.

Season begins Nov. 19.

Parents: Your children must be able to swim 25-yards across the pool, as well as tread water. FMI, call Nancy

Walker, 2118.

Swimming Lessons

October 21 - 31

Call 2193 to sign up
and for class times.

Windjammer Club

October 26, 2002

Halloween Party

Fun Begins at 8pm

Karaoke

Wednesday Nights

at the Windjammer

Saturday Nights

at Rick's Lounge

For more information on any of the events listed above, call 5225.